

Homocysteine Assay Kit (HCY)

Method: Enzymatic

Size	Instrument	
R1:2×20ml	For Hitachi 7150	
R2:1×13ml	Shimadzu CL7200/8000	
R1:2×20ml	For Olympus	
R2:1×13ml	AU640/400/600	

INTENDED USE

Enzymatic homocysteine assay is intended for the *in vitro* quantitative determination of total L-homocysteine in serum or plasma.

The assay can assist in diagnosis and treatment of patients suspected of having hyperhomocysteinemia and homocystinuria. The assay is not intended for correlating B₁₂ or folate with homocysteine levels.

CLINICAL SIGNIFICANCE

Homocysteine (Hcy) is a thiol-containing amino acid produced by the intracellular demethylation of methionine. Total homocysteine (tHcy) represents the sum of all forms of Hcy (including forms of oxidized, protein bound and free). Elevated level of tHcy has emerged as an important risk factor in the assessment of cardiovascular disease^[1,2,3]. Excess Hcy in the blood stream may cause injuries to arterial vessels due to its irritant nature, and result in inflammation and plaque formation, which may eventually cause blockage of blood flow to the heart. Elevated tHcy levels are caused by four major factors, including: a) genetic deficiencies in enzymes involved in Hcy metabolisms such as cystathionine beta-synthase(CBS), methionine synthase (MS), methylenetetrahydrofolate reductase (MTHFR); b) nutritional deficiency in B vitamins such as B6, B12 and folate; c) renal failure for effective amino acid clearance, and d) drug interactions such as nitric oxide, methotrexate and phenytoin that interfere with Hcy metabolisms.

Elevated levels of tHcy are also linked with Alzheimer's disease^[4] and Osteoporosis^[5]. Guidelines for tHcy determination in clinical laboratories have recently been established^[6].

PRINCIPLE

Enzymatic tHcy assay is based on a novel assay principle that assesses the co-substrate conversion product (a molecule that is not a substrate of the Hcy conversion enzyme, and does not contain any element from sample Hcy) instead of assessing co-substrate or Hcy conversion products of Hcy as described in the literature. In this assay, oxidized

Hcy is reduced to free Hcy which then reacts with a co-substrate, S-adenosylmethionine (SAM) catalyzed by a Hcy S-methyltransferase to form methionine (the Hcy conversion product of Hcy) and S-adenosylhomocysteine (SAH, the co-substrate conversion product). SAH is assessed by coupled enzyme reactions including SAH hydrolase, adenosine (Ado) deaminase and glutamate dehydrogenase wherein SAH is hydrolyzed into adenosine (Ado) and Hcy by SAH hydrolase. The formed Hcy that is originated from the co-substrate SAM is cycled into the Hcy conversion reaction by Hcy S-methyltransferase. This forms a co-substrate conversion product based enzyme cycling reaction system with significant amplification of detection signals. The formed Ado is immediately hydrolyzed into Inosine and ammonia which reacts with glutamate dehydrogenase with concomitant conversions of NADH to NAD+. The concentration of Hcy in the sample is indirectly proportional to the amount of NADH converted to NAD+ (A340nm).

SPECIMEN COLLECTION

Fresh serum or heparin plasma are the recommended samples for the Hcy assay. EDTA plasma samples can also be used. It is important to centrifuge blood samples immediately after collection to separate the plasma from the blood cells. If immediate centrifugation is not possible, collected blood specimens should be kept on ice and centrifuged within an hour. Hemolysed or turbid specimens or severely lipemic specimens are not recommended for Hcy assay. After separation of plasma from cells, Hcy is stable for at least 4 days at room temperature and stable for two weeks at 0-8°C, and stable for several months or years at -20°C^[7].

REAGENT COMPOSITION

Contents	Concentration
Reagent 1 (R1)	
S-adenosylmethionine (SAM)	0.1 mmol/L
NADH	> 0.2 mmol/L
TCEP	> 0.5 mmol/L
2-oxoglutarate	5.0 mmol/L
Reagent 2 (R2)	
SAH hydrolase	3.0 KU/L
Adenosine deaminase	5.0 KU/L
Hcy methyltransferase	5.0 KU/L
Glutamate dehydrogenase	1 0 KU/L

STABILITY AND PREPARATION OF REAGENTS

BSBE Hcy assay reagents, calibrators, and controls should be stored at 2-8°C. DO NOT FREEZE. The reagents,

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calibrators, and controls are stable when stored as instructed until the expiration date on the label. Do not mix reagents of different lots.

ASSAY PROCEDURE

Main wavelength: 340 nm(Hitachi 7180)

Second wavelength: 700 nm

Sample: 10 μl R1: 185 μl R2: 50 μl Measure Measure

137°C
0
5
8
10 (min)

- 1. Mix 10 μ l sample with 185 μ l R1 and incubate at 37 $^{\circ}$ C for 5 minutes:
- 2. Add 50 μl R2 into cuvette, mix and incubate for 190 seconds at 37°C, read initial absorbance A₁:
- Incubate for another 110 seconds and read final absorbance A₂;
- 4. Calculate the absorbance (A₂-A₁)/T.

CALIBRATION

Gcell HCY Calibrator (Cat. No. GC-HCY5) is recommended to use for calibration.

Calibrator traces to the international reference materials NIST SRM1955.

QUALITY CONTROL

Quality control materials are intended for use only to monitor accuracy and precision. The values for these controls should fall within specified limits. If the control values fall outside these ranges and repetition precedes technical error the following steps should be taken:

- 1. Check wavelength setting and light source
- 2. Ensure that cuvettes and glassware in use have been thoroughly cleaned
- Check water, contaminants eg bacterial growth may contribute to inaccurate results
- 4. Check that assay temperature is accurate
- 5. Ensure that the reagent pack contents are still within expiry date

NORMAL RANGES

In most of the clinical laboratories, 15 μ mol/L is used as the cut-off value for normal level of Hcy for adults.[8,9] However, each laboratory is recommended to establish a range of normal values for the population in their region.

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MAIN PERFORMANCE CHARACTERISTICS

PRECISION

Inter	Level 2	Level 3
Precision	(12 µmol/L)	(29.5 µmol/L)
number	20	20
CV	1.87%	2.4%

Intra	Level 2	Level 3
Precision	(12 µmol/L)	(29.5 µmol/L)
Number	20	20
CV	4.88%	2.57%

INTERFERENCE

Interference study was performed by testing a serum sample spiked with varied concentrations of endogenous substances. The following substances normally present in the serum produced less than 10% deviation when tested with the following stated concentrations:

Blood ammonia 500 µmol/dL; NaPi 1 mmol/L; NaF 1 mmol/L: Triglyceride 2500 mg/dl; Ascorbic acid 10 mmol/L; DirectBilirubin 20mg/dl; Hemoglobin 1200mg/dl; Glutathione 0.5mmol/L; Cysteine 1mmol/L; SAM 20µmol/L; Adenosine 100umol/L: Cystathionine 20µmol/L; Heparin $100\mu/ml$.

LINEARITY

The linearity is $1.5\sim500\mu\text{mol/L}$. The linearity absolute bias should less than \pm $1.0\mu\text{mol/L}$ in $1.5,10.0]\mu\text{mol/L}$ while linearity relative bias should less than $\pm10\%$ in $(10.0,50.0]\mu\text{mol/L}$.

SENSITIVITY

When the concentration of samples is 10.0 μ mol/L, the Absorance changing rate should \geq 0.0100.

CORRELATION

The BSBE method (X) was compared to another commercially available method (Y). 40 patients were tested. Linear regression analysis of the data resulted in the following equation:

y= 0.8892x +1.0985, r^2=0.9954

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SAFETY PRECAUTIONS AND WARNINGS

- HCY in red cell would release into plasma which would cause the results of HCY increase. Thus, the plasma should be separated in time.
- 2. Reagent contains preservatives. Avoid ingestion or contact with skin or mucous membranes. In case of skin contact, flush affected area with copious amounts of water. In case of contact with eyes or if ingested, seek immediate medical attention.
- S-adenosylhomocysteine (SAM) will cause a significant positive interference. However, SAM is either not detectable or at sub-nmole/I concentrations in normal plasma, and should not cause concern.
- Patients who are taking methotrexate, carbamazepine, phenytoin, nitrous oxide, anticonvulsants, or 6-azuridine triacetate may have higher levels of Hcy due to metabolic interference with Hcy metabolism.

REFERENCES

- 1. Eikelboom JW, et. al., Homocysteine and the Risk of Heart Disease, Stroke, and Death, Ann Intern Med. 1999,131:363-375.
- 2. Scott J, Weir D., Homocysteine and cardiovascular disease, Q J Med, 1996, 89: 561 - 563.
- 3. Nygard O, Plasma homocysteine levels and mortality in patients with coronary artery disease, N Engl J Med., 1997, 337(4):230-236.

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INDEX OF SYMBOLS

REF

Manufacture

LOT

Catalogue Number



Lot number Date of manufacture





Use by(Expiration date)



Stored at 2-8°C





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Attention:See instruction for use

For In-Vitro Diagnostic use only



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